Physical Activity Journal

We want an app that will keep track of user’s physical activities.

The user should be able to add new activities that they finished already. They should be able to specify the date, start and finish time, the type and title of the activity, intensity and description.

The type of the activity will be chosen from a given list (such as: run, walk, ride, swim, hike, alpine ski, canoe, CrossFit, rock climb, row, snowboard, surf, weight training, yoga, stretching, workout etc.) .If the type of the activity implies distance, the user should be able to specify the distance.

The user should be able to view all their activities, in a preview version, in a list and select any of them for more information by clicking on it. When viewing all information about an activity, the user should have the choice of deleting or editing it.

Editing and deleting an activity should be available only when online, however, the user should be able to add new activities and view all activities even when offline.

Link mockup: <https://www.figma.com/file/ggV0RaoEGVG3hZ2AuvEuGJ/App-lab1?node-id=19%3A128>